

Who should get a flu vaccination?



People who are 50 years old or older —

Even if you're in great health!

Children 6 to 23 months old —

Children younger than 2 years old have one of the highest rates of hospitalization from influenza

Adults and children with a chronic health condition —

Like heart disease, diabetes, kidney disease, asthma, cancer, or HIV/AIDS

Women who will be pregnant during flu season —

Flu season is typically November through March

People who can give the flu to those at high risk —

You should get vaccinated if you live with or care for someone listed above or with a child younger than 6 months old.

You should get vaccinated if you are a healthcare worker

Anyone who wants to prevent the flu



Department of Health
and Human Services
Centers for Disease Control
and Prevention



For more information, ask your healthcare provider or call the CDC Immunization Hotline

English **800-232-2522** Español **800-232-0233** Website **www.cdc.gov/flu**